



MASSAGES AND BODYWORKS



Back Massage (1hr) - P400

Focuses on the back part of the body, kneading and rubbing parts of the body to increase circulation and promote relaxation.



Swedish Massage (1hr) - P450

Traditional oil massage that involves stroking and pressing the soft tissues of your entire body.



Shiatsu (1hr) - P450

Means "finger pressure" and a type of alternative medicine consisting of finger and palm pressure, stretches, and other massage techniques. It also helps to relax and cope with issues such as stress, muscle, pain, nausea, anxiety, and depression.



Hot Oil Massage (1hr) - P500

Traditional massage that includes gently pouring of our signature massage oil, warmed and use to relax and reduce muscle tension.

SIGNATURE MESSAGES



Thai Body Massage (1hr) P400

Thai Body Massage w/ Oil (1hr) - P450

Changes into loose, comfortable clothes and lies on a mat of firm mattress on the floor may be positioned in a variety of "yoga-like" positions during the course of the massage, but deep static and rhythmic pressures from the core of the massage. The body will be energized and rejuvenated after the massage.



Hot Stone Massage (1hr & 30 mins) - P700

Melts away tension, eases muscle stiffness and increases circulation and metabolism. Promotes deeper muscle relaxation through the placement of smooth, water-heated stones at key points on the body.



Ventosa (1hr & 30 mins) P700

Cupping therapy is performed by placing glass on specific accupoints on your back. The therapist move the cup towards the outside parts of the body sucking the air away. Ventosa massage helps stimulate nervous system, drain excess body toxins, promotes, digestion, muscle relaxation and improves blood circulation.



Aromatherapy (1hr & 30 mins) P700

A form of alternative medicine that uses volatile plant materials, known as essential oils and other aromatic compounds for the purpose of altering a person's mind, mood, cognitive function or health.

FOOT BLISS



Thai Foot Massage (1hr) P400

A very releasing and balancing treatment of the feet and lower legs. This treatment works on similar principles as Reflexology - applied pressure on specific points of your feet to stimulate your internal organs, encouraging your body and mind to balance as well as activating your body's natural healing mechanism.



Foot Spa (1hr) - P 450

Foot treatments are the same, though the scrub is usually more intense as our feet build up callouses. Both are relaxing and help your body leach all the frustrations and tension that it carries each and every day.

SIGNATURE BODY SCRUBS

Dark Roasted Coffee Scrub (1hr) - P600

Exfoliating Scrub - Increases blood flow and reduces the appearance of cellulite and give your skin a more even tone.

Salt and Milk Body Scrub w/ Collagen (1hr) - P600

Tighten and cleanses the pores. It also helps replenish tired and dry skin.

Oatmeal Honey and Milk Scrub (1hr) - P700

Hydrates and polish away dead skin cells, with anti-bacterial and antioxidant properties

COMBO SERVICES

Thai Foot Massage (1 hour) & Swedish (1 hour) - P 750
Hand, back and head massage (1 hour) - P 400
Thai Body Massage and Sauna (1 1/2 hour) - P 550
Body Scrub with Massage (2 hours) - P 850

OIL FLAVORS

Mineral Oil
Eucalyptus Oil
Green Tea Oil
Lavender Oil
Peppermint Oil

OTHER SERVICES

Sauna (15 - 20 mins) - 150
Electronic Massage Chair (20 mins) - P 200
Sauna & Electronic Massage Chair (35 mins) - P 300